

Liability Waiver & Assumption of Risk (Online Yoga Classes)

By purchasing and participating in these online yoga classes run by Christina Ursini, you acknowledge and agree that participation involves physical movement which carries inherent risks, including the risk of injury.

You confirm that you are voluntarily participating and are physically fit and medically able to take part in these activities. You accept full responsibility for assessing your own suitability to participate and agree to modify or stop any movement if it is not appropriate for your body.

To the maximum extent permitted by law, you:

- accept and assume all risk of injury, illness, or other loss arising from participation in the classes; and
- release and discharge Christina Ursini from any and all liability, claims, or demands arising out of or in connection with your participation, whether caused by negligence or otherwise.

Nothing in this waiver excludes, restricts, or modifies any rights you may have under the **Australian Consumer Law** which cannot be excluded, restricted, or modified by agreement.